Product Catalog | 2015

HERBALIFE®

DISCOVER A NEW YOU

START YOUR CUSTOMIZED PLAN TODAY

ANNIVERSARY 35 HERBALIFE EST. 1980

WEIGHT MANAGEMENT SOLUTIONS

Quickstart Program p. 10
Advanced Program p. 10
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ENERGY & FITNESS

Herbalife24 p. 39

Luigi Gratton M.D., M.P.H., Vice President, Worldwide Product Marketing, shares the benefits of ongoing weight management.

p. 5

START LOSING WEIGHT WITH THE BASICS

Shed unwanted pounds with our easy-to-follow programs.

p. 10

WHO WE ARE

We're a Global Nutrition Company

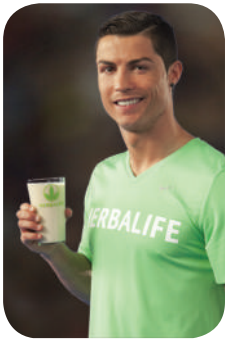
- Improving lives in more than 90 countries
- Providing quality, science-based products
- Focused on customers' needs
- Helping communities
- Offering a business opportunity
- Sponsoring world-class athletes, teams and events (Visit: HerbalifeSports.com)
- Helping change the lives of children worldwide through the Herbalife Family Foundation (Visit: HerbalifeFamilyFoundation.org)

"We're changing the nutrition habits of the world, one person at a time."

— **Mark Hughes** (1956–2000)
Herbalife Founder and First Member

MICHAEL O. JOHNSON
Herbalife Chairman and Chief Executive Officer

"In more than 30 years as an Herbalife family, we've reached out with caring, compassion and enthusiasm to millions of people worldwide, changing lives with our science-based nutrition products and the opportunity to earn extra income."



Herbalife in Action!

We sponsor world-class athletes, teams and events around the globe, including the LA Galaxy soccer club, and a host of champions in nearly 20 other sports. See all of our athletic sponsorships at HerbalifeSports.com.

Herbalife Family Foundation

At more than 100 locations in over 50 countries, the Herbalife Family Foundation Casa Herbalife programs serve 120,000 children every day. Learn more about how you can help us open new programs and bring healthy nutrition and happy smiles to children everywhere. Visit us at HerbalifeFamilyFoundation.org.

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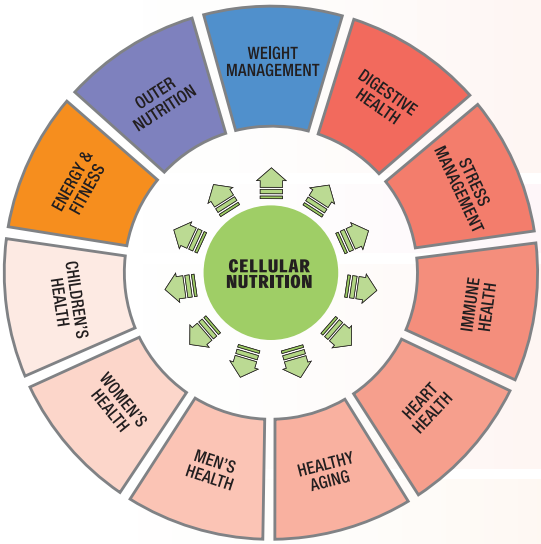
Herbalife Cellular Nutrition Wheel – your guide to our products



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Symbols Guide

just add water

heart smart

Certified GF Gluten-Free

Scientific Leadership

Experts in the fields of nutrition and health from around the world help to guide the development of Herbalife® products.

Steve Henig, Ph.D.
Chief Scientific Officer

David Heber, M.D., Ph.D., F.A.C.P., F.A.S.N.
Chairman, Nutrition Advisory Board

Lou Ignarro, Ph.D.
Nobel† Laureate in Medicine
Member of the Nutrition Advisory Board

Gary Small, M.D.
Member of the Nutrition Advisory Board

Luigi Gratton, M.D., M.P.H.
Vice President, Worldwide Product Marketing

Vasilios Frankos, M.S., Ph.D.
Senior Vice President, Global Regulatory Compliance and Product Safety

John Heiss, Ph.D.
Senior Director, Sports and Fitness, Worldwide Product Marketing

Rocío Medina, M.D.
Vice President, Nutrition Training

†The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.

Nutrition for a Better **Life**

HERBALIFE®

Quality Products Backed by Science

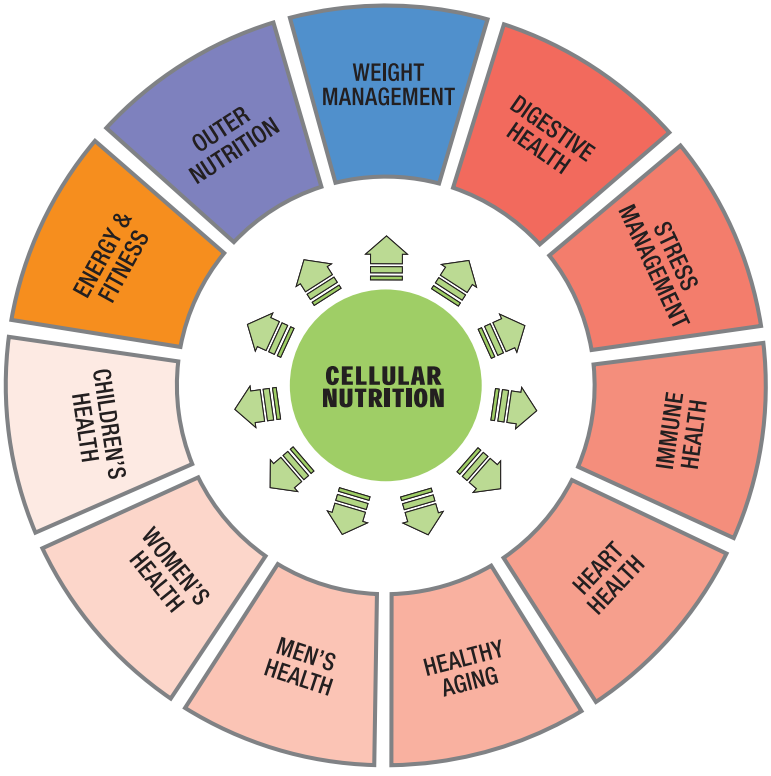
Our products are science based, a commitment to nutrition research and development, a rigorous quality assurance program and control of product integrity from Seed to Feed.

"When it comes to losing weight, small steps make a noticeable difference. Our core Weight Management products are geared to support nutritional needs over time, no matter how ambitious your goals are, or where you are in your journey."

Luigi Gratton, M.D., M.P.H.
Vice President, Worldwide Product Marketing

Maximize Your **Nutrition**

Cellular Nutrition With **Our Three Core Products**



Personalize a program that's right for you!

Our bodies are made
up of 100 trillion cells

Cellular Nutrition
with

Formula 1
Healthy Meal Nutritional
Shake Mix

Formula 2
Multivitamin Complex

Formula 3
Cell Activator®

Nourishes your cells
with the best
nutrients available*

Supports your
immune system*

Maximizes energy production
for increased vitality
and optimal health*

Healthy Cells = **A Healthy You**

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

The Key to Good Nutrition

Formula 1 gives you protein and balanced nutrition.

Formula 1 Healthy Meal Nutritional Shake Mix

- A healthy meal with up to 21 vitamins and minerals and essential nutrients.
- Fiber and 9 g of protein help support weight management.
- No cholesterol, no trans fats.
- Formula 1 gives you protein and balanced nutrition.

heart smart

Cafe Latte	#2775
Cookies 'n Cream	#3110
Dulce de Leche	#2674
Dutch Chocolate	#3107
French Vanilla (GF)	#3106
Mint Chocolate	#3138
Orange Cream (GF)	#1164
Piña Colada (GF)	#3141
Wild Berry	#3108
Kosher (550 g)	#0145

Special Varieties

Allergen-Free* Vanilla (GF)	#3117
Non-GM Vanilla†	#1213

*Free from soy, dairy and gluten.

†Made with ingredients that have not been genetically modified.

Trace amounts of genetically modified (also known as "genetically engineered") material may be present due to potential cross contact during manufacturing and shipping.

Also check out Formula 1 On The Go options on p. 20-21

Cellular Nutrition

2 **Formula 2** provides essential nutrients, including antioxidant Vitamins A (as beta-carotene), C and E to support your immune system.*

Formula 2 Multivitamin Complex

- Provides 21 essential micronutrients.
- Antioxidant Vitamins A (as beta-carotene), C and E to support your immune system.
- Includes folic acid, calcium and iron.
- Promotes healthy bones, skin and hair.*

#3115

3 **Formula 3** supports the body's absorption of micronutrients and promotes cellular energy production.*

Formula 3 Cell Activator®

- Contains aloe vera, which helps support the body's absorption of micronutrients.*
- Supports cellular energy production.*
- Includes ingredients with antioxidant activity to support healthy aging.*

#3123

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Weight Management Programs That Deliver Results

Quickstart

Basic program for healthy weight management that includes:

- Three Core Products – Formulas 1, 2 and 3 to support Cellular Nutrition
- Herbal Tea Concentrate† (50 g)

Cafe Latte	#4004
Cookies 'n Cream	#4803
Dutch Chocolate	#4800
French Vanilla	#4799
Piña Colada	#3494
Wild Berry	#4801

Advanced

Advanced program contains added enhancers to support metabolism and support fluid balance.* Includes ALL Quickstart program products, PLUS:

- Total Control®†
- Cell-U-Loss®

Cafe Latte	#4006
Cookies 'n Cream	#4808
Dutch Chocolate	#4805
French Vanilla	#4804
Piña Colada	#3496
Wild Berry	#4806

†Herbal Tea Concentrate provides 85 mg of caffeine per serving and Total Control® provides 82 mg of caffeine per serving. It is recommended that products containing caffeine be used by healthy adult consumers and not recommended for those sensitive to caffeine. Pregnant or nursing women, individuals with medical conditions, or those taking medications should consult with a health care professional before use.

A healthy weight-management program should include modest caloric intake, balanced diet and regular physical activity.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To complement your weight-management program with more protein, try adding Protein Drink Mix. See p. 16.

Ultimate

Ultimate program contains Snack Defense® tablets to help maintain blood sugar levels already within the normal range,* and Aminogen®† to break down proteins into amino acids.*

Includes ALL Advanced program products, PLUS‡:

- Snack Defense®
- Aminogen®†

Cafe Latte	#4008	French Vanilla	#4809
Cookies 'n Cream	#4813	Piña Colada	#3498
Dutch Chocolate	#4810	Wild Berry	#4811

†Aminogen® is a registered trademark of Triarco Industries.

‡Herbal Tea Concentrate provides 85 mg of caffeine per serving and Total Control® provides 82 mg of caffeine per serving. It is recommended that products containing caffeine be used by healthy adult consumers and not recommended for those sensitive to caffeine. Pregnant or nursing women, individuals with medical conditions, or those taking medications should consult with a health care professional before use.

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Use Along With Your **Weight-Management Program**

Stay energized, reduce calorie intake and provide antioxidant support for your weight management.*

Herbal Tea Concentrate

Herbal Tea Concentrate contains caffeine, which jump-starts your metabolism and provides a boost to help you feel revitalized. This refreshing, low-calorie tea is available in a variety of flavors.

- Delivers beneficial antioxidants from green and orange pekoe teas.
- Caffeine is known for its temporary thermogenic (metabolism-boosting) effect and energizing benefits.
- Instant and low calorie.
- For optimal experience, mix a little more than 1/2 teaspoon with 6 to 8 ounces of water.

1.8 oz.

Lemon	#0255
Original	#0105
Peach	#0257
Raspberry	#0256

3.5 oz.

Cinnamon	#0195
Lemon	#0188
Original	#0106
Peach	#0190
Raspberry	#0189

Packets

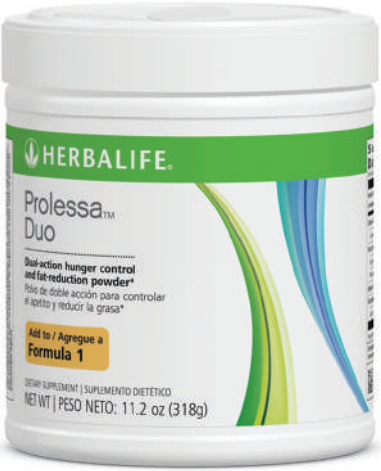
Lemon	#0919
Original	#0107
Peach	#0920
Raspberry	#0918

(Contain 15 packets per box)

3.5 oz. Non-GM†

Chai	#0761

*Caffeine is known for its natural thermogenic (metabolism-boosting) benefits and green tea for its antioxidant properties.
†Made with ingredients that have not been genetically modified.



Prolessa® Duo

- A unique formula that assists to significantly reduce caloric intake.*
- Helps promote body fat loss.*
- Helps create a feeling of fullness.*
- Stimulant-free.
- Made with clinically tested ingredients.

7-Day Trial Size #1095
30 Servings #1076

Total Control®

Total Control® tablets contain a proprietary blend of tea extracts and caffeine, which quickly stimulates metabolism and provides an energetic and alert feeling.*

- Quickly stimulates metabolism.*
- Increases alertness.*
- Provides an energetic sensation.*

Bottle #0077
Packets #0076

(Contain three tablets each/20 packets per box)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Enhance Your Weight Management From the Inside Out

Cell-U-Loss®

- Formulated with corn silk, an herb traditionally used for healthy elimination of water.*
- Minerals help maintain electrolyte balance and a healthy pH level.*

#0111

Snack Defense®

- Helps support blood sugar level already within normal range.*
- Excellent source of chromium.
- Can be taken anytime of the day or night.

#0079

DID YOU KNOW?

The good news is that no matter what your weight loss goal is, even a modest weight loss, such as 5 to 10 percent of your total body weight, is likely to produce health benefits.

– CDC.gov, 2013

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Aminogen®†

- A dietary supplement with enzymes to support protein digestion.*
- Helps break protein chains into amino acids, which are smaller molecules that the body can absorb.*

#0101

Thermo-Bond®

Formulated with sodium choleate and a fiber blend containing cellulose, apple, acacia, oat and citrus.

#0167

DID YOU KNOW?

Most people in the United States eat about 10 to 15 grams of dietary fiber each day, far below the recommended amount. How much fiber should adults consume every day for good health? Women and men age 50 or younger need 25 grams and 34 grams of fiber, respectively. Women and men age 51 or older need 22 grams and 28 grams of fiber, respectively.

– Dietary Guidelines for Americans 2010, U.S. Department of Health and Human Services

†Aminogen® is a registered trademark of Triarco Industries.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

As part of our branding initiative, we are phasing in new product labels to our entire product line. During this transition, you may receive products with either the old or new label design based on warehouse availability.

Boost Your **Protein**

Protein Drink Mix

Add to your favorite Formula 1 shake to boost your protein intake to 24 g, or enjoy as a nutritious snack.

- 24 vitamins and minerals.
- 15 g of soy protein per serving.
- Just 5 g of carbs per serving.

2 Delicious Flavors!

22 serving size

Chocolate	#1123
Vanilla	#1122

30 serving size

Vanilla	#1426

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

Two good reasons to protein up with our powders:

1. Provides more protein than just adding milk.
2. Long shelf life with no refrigeration needed.

Personalized Protein Powder

- Helps build and maintain lean muscle mass.
- Fat-free protein powder to satisfy hunger.
- 5 g of soy and whey protein per scoop, and all 9 essential amino acids.

#0194

DID YOU KNOW?

Soybeans are high in protein and equivalent to animal protein in terms of the quality of protein they contain.

– National Institutes of Health 2010

Protein-Powered **Snacks**

Satisfy hunger. Sustain energy.

Roasted Soy Nuts

- 100 calories per serving.
- Good source of protein with 9 g per serving.
- Portion-controlled packets, listing complete nutritional information.
- A nutritious, delicious and convenient snack on the go.

Chile Lime	#3142
Salted	#3143

(12 packets per box)

Beverage Mix

- Boost your energy while satisfying hunger between meals.
- 15 g of protein per serving.
- 70 calories per serving.

Peach Mango	#3121
Wild Berry	#3119

(14 servings per canister)

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

Protein Bar Deluxe

- Helps build and maintain lean muscle.
- 10 g of protein per serving.
- No artificial sweeteners and 140 calories per bar.

Chocolate Peanut	#0365
Citrus Lemon	#0366
Vanilla Almond	#0364

(14 bars per box)

Protein Bar

- 23 vitamins and minerals.
- 12 g of soy and whey protein blend per serving.
- Helps sustain energy.

Chocolate Coconut	#0290
Chocolate Fudge	#0247
Peanut Butter	#0058

(14 bars per box)

Soup Mix

- 16 g of protein and 80 calories per serving.

Creamy Chicken	#0291

(7 packets per box)

DID YOU KNOW?

Having a small meal or snack every 3 to 4 hours keeps your metabolism cranking, so you burn more calories over the course of a day.

– WebMD.com

Images of fruits, vegetables and other foods are illustrative of flavor only.
Product does not contain these fruits, vegetables and other foods.

Weight Management

An instant healthy meal anytime, anywhere.

Formula 1 Instant Healthy Meal Nutritional Shake Mix

- 20 g of protein, 24 vitamins and minerals, including the amount of calcium found in an 8 oz. glass of milk.
- Excellent source of antioxidant Vitamins C and E.
- No cholesterol, no trans fats.
- Just add water.

Canister

Creamy Chocolate	#2794
Vanilla Dream	#2795

Formula 1 Express Meal Bar

- Contains 21 vitamins and minerals.
- Packed with 15 g of protein per serving.
- 5 g of fiber to help support weight management.
- Individually wrapped for on-the-go usage.

Cookies 'n Cream #2792
(7 bars per box)

With **On The Go** Options

Formula 1 and Protein Drink Mix, two of our best-selling products, in one convenient packet. An ideal, nutritious meal replacement to help meet your daily protein needs.

Formula 1 + PDM On The Go

Offers a combination of Formula 1 Cookies 'n Cream and Protein Drink Mix Vanilla to deliver a rich flavor and creamy texture with an extra boost of protein.

- Essential nutrients including 24 vitamins and minerals.
- High in protein.
- Excellent source of fiber (5 g per serving).

17 g of protein*
#3145
(7 packets per bag)

24 g of protein*
#1235
(7 packets per bag)

heart smart

*Amount per serving.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

Have You Had Your **Shake Today?**

Get on the right track with one of our sensible daily plans.

- **To lose weight:** Substitute two of your three daily meals with a Formula 1 Healthy Meal Nutritional shake.
- **To maintain weight:** Substitute a Formula 1 shake for one of your daily meals.
- **To gain weight:** Enjoy a Formula 1 Healthy Meal Nutritional shake in addition to breakfast, lunch and dinner.

Three Options for Healthy Weight Loss

	Breakfast	Lunch	Dinner
Option 1 Substitute your breakfast and dinner with a Formula 1 shake			
Option 2 Substitute your lunch and dinner with a Formula 1 shake			
Option 3 Substitute your breakfast and lunch with a Formula 1 shake			

Make sure your diet includes balanced and colorful meals that have a variety of grains, vegetables and fruits, as well as high-quality proteins like lean meats, fish and poultry. Also, increase physical activity and reduce time spent in sedentary behaviors.

Digest and Feel Your Best

Maintaining your gastrointestinal health is important. Herbalife® Digestive Health products support healthy digestion and elimination, and help relieve occasional indigestion, helping to ensure your internal system runs smoothly every day.*

Digestive Health Program (Starter Kit)

Keep your system on track with our 3-in-1 Starter Kit. Includes Herbal Aloe Concentrate (Natural or Mango flavor), 21-Day Herbal Balancing Program (AM/PM companion formulas) and Florafiber.

Mango	#1220
Natural	#1219

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Support healthy digestion with a refreshing drink or a convenient powder.

Herbal Aloe liquid and powder

- Soothe the stomach.
- Support healthy digestion.
- Relieve occasional indigestion.
- Support nutrient absorption.

Ready Herbal Aloe [a]

Quart	#0002
Gallon	#0004

Herbal Aloe Concentrate [b]

Pint

Cranberry	#1189
Mango	#1065
Natural	#0006

Half Gallon

Mango	#1188

Herbal Aloe Powder [c]

Mango Accent	#2748

[a]

[c] [b]

Images of fruits, vegetables and other foods are illustrative of flavor only.
Product does not contain these fruits, vegetables and other foods.

Support and Balance

Florafiber

These specially formulated tablets contain a blend of soluble and insoluble fibers to support digestive health.*

#0023

21-Day Herbal Balancing Program

- AM Renew Formula—A morning tablet formulated with milk thistle, traditionally used for liver support.*
- PM Reset Formula—An evening tablet formulated with dandelion, traditionally used for healthy fluid balance.*

#1154

Active Fiber Complex

- Promotes regularity and healthy bowel movement.*
- Supports growth of friendly intestinal bacteria.*
- 5 g of balanced soluble and insoluble fiber.
- Add to Formula 1 for a thicker, smoother shake.

Apple #2864
Unflavored #2865

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DID YOU KNOW?

Soluble fiber attracts water and turns to gel, which slows down digestion and makes you feel full for enhanced weight management. Soluble fiber is found in oat bran, barley, nuts, seeds, beans, lentils, blueberries, fruits with skins and dried peas. (Herbalife® products to supplement giver intake include Florafiber and Active Fiber Complex.)

– Soluble vs. Insoluble Fiber, Medline Plus, July 9, 2014

Take Control of **Your Heart Health**

Core Complex

- Convenient daily packets contain six softgels, including Herbalifeline®, Tri-Shield® and CoQ10 Plus.
- A blend of high-quality omega-3 fatty acids EPA and DHA help maintain a healthy heart by maintaining cholesterol and triglyceride levels already within a normal range.*
- B vitamins maintain healthy homocysteine levels already within a normal range.*
- Coenzyme Q10 provides energy to heart cells.*

#1096

Niteworks®

- Combines benefits of L-arginine and L-citrulline to support Nitric Oxide production for energy, vascular and circulatory health.
- L-arginine and L-citrulline help keep blood vessels toned and flexible for healthy vascular function.*
- L-arginine and L-citrulline help blood flow to support the function of the heart, brain and other organs.*

30 Servings

Lemon	#0036
Orange-Mango	#0038

15 Servings

Lemon	#3150

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Our Heart Health products offer one of the most advanced and comprehensive programs to help you maintain optimal vascular health – and they carry the endorsement and signature of Dr. Lou Ignarro, Nobel† Laureate in Medicine.

Lou Ignarro, Ph.D.
Nobel† Laureate in Medicine

CoQ10 Plus

- CoQ10 helps support heart health by providing energy to heart cells and serves as a powerful antioxidant and free-radical scavenger.*
- Contains non-fish essential fatty acid DHA from algae.*‡
- Vitamin D supports general health benefits.*

#1500

Mega Garlic Plus

- Supports healthy circulation and heart health.*
- Each tablet supplies the powerful benefits of one whole garlic clove.*

#0032

Tri-Shield®

This proprietary blend is formulated with omega-3 fatty acids from Neptune Krill Oil (NKO®§), which support cardiovascular health.*

#0100

Herbalifeline®

Omega-3 fatty acid helps maintain healthy cholesterol and triglyceride levels already within a normal range.*

#0065

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Dr. Lou Ignarro, a Nobel Prize Laureate in Medicine, is a scientific advisor to Herbalife and member of the Nutrition Advisory Board, and receives compensation for his endorsement of Herbalife products.

‡Source: http://www.ncbi.nlm.nih.gov/pubmed/10479465- "Health benefits of docosahexaenoic acid (DHA)"

§NKO® is a registered trademark of Neptune Technologies & Bioressources, Inc.

Good Heart Health

Begins with the right nutrients

Target Area	Mega Garlic Plus	Herbalifeline®	Tri-Shield®	Core Complex	Niteworks®	CoQ10 Plus
Total Cholesterol		✓		✓		
Triglycerides		✓		✓		
Cardiovascular Health	✓	✓	✓	✓	✓	✓
Homocysteine				✓		
Blood Pressure					✓	
Circulation	✓				✓	
Vascular Health					✓	
Heart Energy				✓†		✓
Antioxidant Support	✓	✓		✓	✓	✓

†With the addition of CoQ10 Plus to Core Complex.

The Herbalife Heart Health line, ***endorsed by Dr. Lou Ignarro***, is the capstone to maintaining cardiovascular wellness.

Support healthy circulation:
Garlic has been shown to support healthy circulation.*

Maintain healthy cholesterol levels:
Evidence from epidemiological and clinical trials suggests that omega-3 polyunsaturated fatty acids may have a significant role in maintaining healthy cholesterol levels already within normal range.*

Support cardiovascular health:
Omega-3 fatty acids from krill oil have been shown to support cardiovascular health.*

Support vascular health:
Research suggests that L-arginine and L-citrulline, found in Niteworks®, help produce Nitric Oxide, which can support cardiovascular health and help arteries stay flexible and youthful.*

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Keep **Stress** at Bay

Ease stress and enjoy restful sleep.

Relax Now

- Jujube seed helps maintain calmness.*
- Formulated with jujube and passionflower, which help you cope with occasional stress and maintain a healthy mood.*

#0055

Sleep Now

- Melatonin supports sound sleep so you can rest easy.*
- Helps regulate the sleep-wake cycle.*
- Formulated with passionflower, hops, melatonin, valerian and lavender.

#0138

DID YOU KNOW?

Stress, the hormones it unleashes, and the effects of high-fat, sugary “comfort foods” push people toward overeating.

– Harvard Health Publications, 2012

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SUCCESS STORIES

68
Pounds Lost
Aaron A.

"Before, I was a single father going to college, always stressed out, tired and gaining a lot of weight. Initially, I used **Formula 1 Healthy Meal Nutritional Shake Mix**, **Herbal Tea Concentrate**, **Total Control®** and **Herbal Aloe Concentrate**. I had to learn what would be most nutritious for my third meal and to learn about portion control. I met my girlfriend through Herbalife and she knew all about portion control, so that really helped. When the Herbalife24® products came out, I took on exercising and I surrounded myself with people who knew how to exercise and loved doing it."*

– Aaron A.

79
Pounds Lost
Erica T.

"When I saw my older daughter adopt my bad habits, I knew I had to be a better example. My Sponsor really pushed me. She was a personal friend, but I was still skeptical. Once I stepped foot in her Nutrition Club, my impression changed. The Herbalife® products I used most were the ones I found on my own: **Snack Defense®**, **Aminogen®†** and **Total Control®**. People were noticing the difference; I was feeling the difference. Now I participate in a Run Camp, Herbalife24FIT camps, Mommy & Me classes and, on my own, Zumba®. I've got more weight to lose, and I feel like I'm well on my way."*

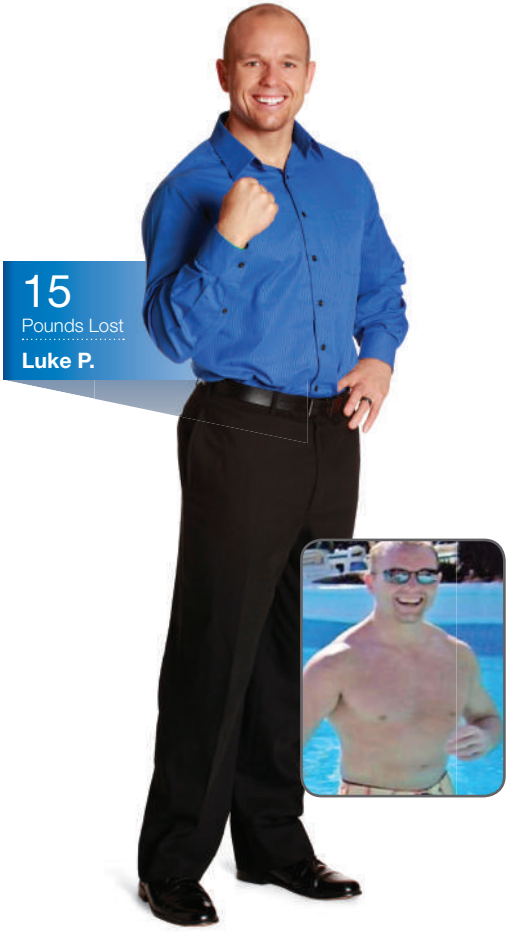
– Erica T.

*Consumers who use Herbalife® Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced-calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

†Aminogen® is a registered trademark of Triarco Industries.

"I have more energy, I'm happier, my skin and my hair look great, and I feel really good about the clothes I'm able to wear. I've learned how to eat well and I've been able to teach my family better eating habits. I started by taking **Formula 1 Healthy Meal Nutritional Shake Mix**, **Herbal Tea Concentrate**, the **Herbal Aloe** products and **Cell-U-Loss®**. I stopped drinking sodas and eating fast food, and started drinking more water. I still drink one Formula 1 shake a day to maintain my weight, along with exercising regularly. This year, I incorporated the Herbalife24® product line to my diet."*

– Lilly C.



"Keeping Herbalife® products as a part of my daily exercise and nutrition program has allowed me to stay in shape and avoid big weight fluctuations. I dropped 25 pounds and 10 percent body fat, and participated in three competitions in a six-month span, taking fourth place in the Mr. Natural Minnesota bodybuilding competition. I went from not wanting to trust these products to using them to help others reach their goals. I was a personal trainer, natural bodybuilder and competitive martial artist when I had the opportunity to beta test the **Herbalife24® nutrition line** before its release. My goal was to test the products while getting ready for a bodybuilding show. Initially, I was on the Quickstart program plus the Herbalife24® products."*

– Luke P.

*Consumers who use Herbalife® Formula 1 twice per day as part of a healthy lifestyle can generally expect to lose around 0.5 to 1 pound per week. Participants in a 12-week, single-blind study used Formula 1 twice per day (once as a meal and once as a snack) with a reduced-calorie diet and a goal of 30 minutes of exercise per day. Participants followed either a high-protein diet or a standard protein diet. Participants in both groups lost about 8.5 pounds.

Support Your Body's Natural **Defenses**

Your immune system protects your health 24 hours a day. Too much stress, a poor diet or too little sleep can compromise your immune system. Herbalife® Immune Health products help support your natural defenses year-round.*

Best Defense®

- Formulated with echinacea to support immune health.*
- 1,000 mg Vitamin C, a powerful antioxidant.
- Contains 8 mg of zinc, which has been shown to support the body's immune function.*
- Convenient for on-the-go use.

Citrus Mint *(10 tablets)* #1503
Orange Boost *(10 tablets)* #1502

Hand Sanitizer‡

- Alcohol- and triclosan-free spray.
- Kills 99.99% of most common germs.
- Fits in your pocket, purse or travel bag.
- Gentle botanical blend won't strip away the healthy oils in your skin.

#0434

‡For external use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RoseGuard®

- Contains Vitamins C and E for immune support.*
- Provides antioxidant support with Vitamins A (as beta-carotene), C and E.*
- Vitamin C helps to recycle the antioxidant activity of Vitamin E.*

#0139

Schizandra Plus

- Provides general antioxidant support against free radicals.*
- Supports the body's natural defense against oxidative stress.*
- Supports immunity and cellular health.*

#0022

Garden 7®

- Delivers 7+ phytonutrients like those found in fruits and vegetables.
- Contains powerful antioxidant Vitamin C, as well as an excellent source of Vitamin A (as beta-carotene).
- Helps nourish cells and organs so they function properly.*

#3272

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Natural Balance for **Women**

Ease PMS discomfort, support well-being during menopause and get the benefits of calcium and Vitamin D with our Women's Health products.

Tang Kuei Plus

Tang Kuei Plus is formulated with Dong Quai root, which has been traditionally used for PMS support.*

#0566

Woman's Choice

Helps support comfort and well-being for women during monthly hormonal fluctuations and menopause.*

#1061

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Xtra-Cal® Advanced

- Helps build strong bones and maintain bone density and healthy teeth.*
- Three easy-to-swallow tablets supply 100% of the Daily Value (100%DV) for calcium intake.
- Provides 100%DV of Vitamin D for improved calcium absorption.*

#0565

Triple Berry Complex

Formulated with cranberries, blueberries and bilberries.

#0279

DID YOU KNOW?

National nutrition surveys have shown that most people are not getting the calcium they need to grow and maintain healthy bones.

To find out how much calcium you need, please visit the National Institutes of Health website:

www.niams.nih.gov/Health_Info/Bone

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Support Your Eyes and Joints as You Age

Our Healthy Aging products will help you stay active whether you're in your 20s, 40s, 60s or beyond.

Ocular Defense Formula

- Lutein supports eye health.*
- Lutein helps support healthy vision.*
- Provides nutrition for the eye.*

#0064

Joint Support Advanced

- Glucosamine supports healthy joint function and comfort.*
- Formulated with the herb scutellaria for antioxidant and healthy aging benefits.*
- Excellent source of manganese and selenium and a good source of copper.

#0555

DID YOU KNOW?

Recent results show that glucosamine, when used as a dietary supplement, can be effective in the management of cartilage breakdown and in the promotion of enhanced mobility.

– Natural Products Association 2011

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Robust Health for **Men**

Our Men's Health products target male health, such as supporting prostate well-being.*

Ultimate Prostate Formula

- Formulated with saw palmetto that promotes healthy prostate and urinary function.*
- Excellent source of antioxidant Vitamin E.

#0053

Male Factor 1000®

Proprietary blend of nettle, ginseng, calcium and Vitamin C.

#0024

Prelox®† Blue

Formulated with L-arginine and Pycnogenol®† to support male sexual health.*

#0039

†Prelox® and Pycnogenol® are trademarks of Horphag Research Ltd. This product is sold under license of U.S. patents 6,117,872; 6,646,006 and other rights.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Essential Nutrition for Your **Kids**

Kindermins®

- 11 essential vitamins infants and toddlers need every day.
- Easy to serve – just one full dropper (1 ml) daily dispensed directly or mixed in milk, juice or water.

#0005

Kids Shakes

- Great-tasting shakes with 17 essential vitamins and minerals, plus protein and fiber; for ages 4 and up.
- Excellent source of calcium, B-complex vitamins and antioxidant Vitamins A, C and E.
- 15 g of protein per serving (6 g from powder + 9 g from milk).

Chocolate	#0368
Strawberry	#0369
Vanilla	#0367

Multivites

- Fruit-flavored chewable multivitamin.
- Provides 100% of the Daily Value of essential vitamins children ages 4+ need daily.
- Excellent source of B-complex vitamins, iron, zinc and antioxidant Vitamins C and E.
- Fun sports shapes.

#0328

GAIN A COMPETITIVE ADVANTAGE

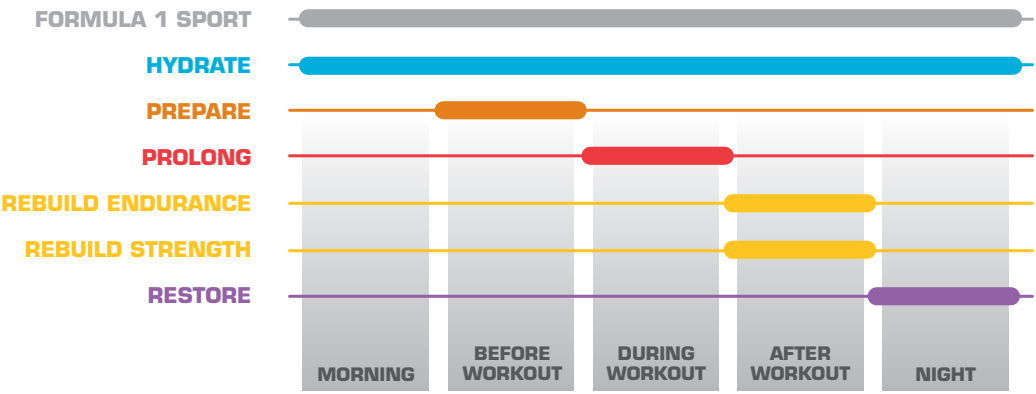
REACH YOUR PERFORMANCE GOALS WITH THE ULTIMATE IN SPORTS NUTRITION.

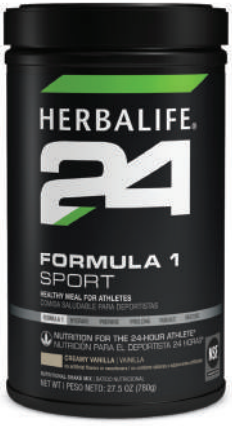
At Herbalife, we understand that being an athlete is a lifestyle – one that requires dynamic nutrition for your day-to-day needs. Herbalife24 is a performance nutrition line that can be customized based on your specific training schedule. Take training, performance and recovery to the next level with nutrition for the 24-Hour Athlete.

HERBALIFE 24

NUTRITION FOR THE 24-HOUR ATHLETE

You can customize products based on your specific sport, training, recovery and competitive needs.





FORMULA 1 SPORT

Healthy meal for athletes.

- Milk protein supports lean muscle mass.
- Carbohydrate blend provides immediate and sustained energy.
- L-glutamine supports muscle growth and immune function.
- Antioxidant support.

Chocolate #1438
Creamy Vanilla #1412

REBUILD STRENGTH

Immediate and sustained muscle recovery.*

- 24 g of whey and casein proteins per serving create a rapid and sustained protein-building state.*
- Tri-core protein-amino blend of free amino acids, whey and casein proteins help rebuild muscle and speed recovery.*
- Iron essential for red blood cell production.*
- Branched-chain amino acids support muscle growth.*
- L-glutamine supports immune function and promotes muscle repair.*

Chocolate #1417

PROLONG

Sustain performance with dual-source carbohydrates and electrolytes.*

- Dual-source carbohydrate blend facilitates caloric utilization.*
- Whey protein isolate helps reduce muscle breakdown.*
- 850 mg of electrolytes per serving support proper muscle function.*
- B vitamins support carbohydrate metabolism.*
- 500%DV of Vitamin C helps combat free radicals.*

Subtle Lemon #1415

NSF Certified:
TESTED - Clean of athletic banned substances
VERIFIED - Meets label claims and contaminant test criteria
AUDITED - Manufacturing facility is GMP compliant

†Certified for Sport® is a registered trademark of NSF International.

Herbalife24 is developed in our state-of-the-art laboratories. The research behind our products is led by a panel comprised of world-renowned experts in nutrition science. These experts include former athletes, competitive cyclists and researchers who have made significant contributions in the nutrition field.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

"Eat with a purpose," says John Heiss, Ph.D., senior director of sports and fitness, and lead developer of Herbalife24, a comprehensive sports nutrition line for athletes. "Don't eat to satisfy hunger, but eat to nourish yourself.* Simple things like eating a variety of quality proteins throughout the day, adding Herbalife24® Hydrate to water rather than reaching for a sugary sports drink, and taking a daily dose of my favorite supplements like Herbalifeline® for omega-3s and Herbalife24® Restore for antioxidant vitamins." So next time you have to make a nutrition decision, ask yourself, "Why am I eating this?"

John Heiss, Ph.D.
Senior Director,
Sports and Fitness,
Worldwide Product Marketing

REBUILD ENDURANCE

Glycogen replacement and muscle recovery.*

- Branched-chain amino acids, whey and casein proteins create a rapid and sustained protein-building state.*
- Carbohydrate blend replenishes muscle glycogen.*
- Tri-core protein-amino blend of free amino acids, whey and casein proteins help rebuild muscle and speed recovery.*
- L-glutamine supports immune function and promotes muscle repair.*
- L-carnitine reduces recovery time.*

Vanilla **#1416**

PREPARE

Nitric Oxide precursor (arginine, citrulline, and ornithine) and creatine supplement system.*

- Arginine supports healthy blood flow.*
- Contains 2.1 grams of creatine per serving to support muscle strength.
- Caffeine helps maintain focus and performance.*

Tropical Mango **#1414**

RESTORE

Helps combat exercise-induced muscle inflammation.*

- Contains antioxidant Vitamins A (as beta-carotene), C and E and botanical ingredients to support against free radicals.*
- Supports immunity.*

#1418

HYDRATE

Advanced hydration with bioavailable electrolytes.

- Hydration anytime, for anyone.
- High in antioxidant Vitamin C.
- Less than 15 calories per serving.
- Only 1 g of sugar.

Tangerine Citrus **#1413**
(20 packets per box)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Rehydrate and **Replenish**

H³O® Fitness Drink

- Essential electrolytes support cellular rehydration.
- Energizing carbs for immediate and sustained energy.
- Powerful antioxidant Vitamins C and E neutralize free radicals.

Canister

Lemonade	#2744
Orangeade	#2745

Packets

Lemonade	#2717
Orangeade	#2718

(15 packets per box)

Power Up, Fuel Good

Stay on top of your game.

Liftoff®

- Contains caffeine, which helps you feel energized and temporarily increases metabolism.*
- Formulated with panax ginseng, which contains bio-active compounds called Ginsenosides that support brain function, accelerate memory recall, and help reduce the feeling of mental fatigue.*
- Individually packaged dietary supplement tablets for on-the-go use.

10 tablets

Ignite-Me Orange	#3151
Lemon-Lime Blast	#3152
Tropical-Fruit Force	#2696

30 tablets

Ignite-Me Orange	#3277

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Energize Your Day

N-R-G Nature's Raw Guarana tea mix

Try this uplifting tea blend of guarana, orange pekoe and lemon peel. Caffeine increases mental alertness and provides a gentle pick-me-up.

- Provides a gentle boost.
- Reduces fatigue.
- Increases mental alertness and concentration.
- Instant tea mix with 0 calories.
- For optimal experience, mix a little less than 1/2 teaspoon with 8 ounces of water.

#0102

N-R-G Nature's Raw Guarana tablets

Get recharged with the benefits of guarana in a convenient tablet. Guarana, an ancient Amazonian seed, contains caffeine, which increases mental alertness and provides a gentle pick-me-up.*

- Provides a gentle boost.*
- Reduces fatigue.*
- Increases mental alertness and concentration.*

#0122

DID YOU KNOW?

The active ingredient in guarana is caffeine. Guarana has one of the highest caffeine contents of all plants (up to 7%).

– Guarana (Paullinia cupana), Healthline, 2014.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Healthy Hydration With **Green Tea**

Green Tea provides hydration throughout the day and contains antioxidants that help provide protection against free radical damage. With only 25 mg of caffeine per serving, this refreshing tea is lower in caffeine than an 8 fl. oz. cup of coffee.

- Hydration for any time of day.
- Supports the body's antioxidant activity.
- Protects against free radical damage.
- Contains no artificial colors, flavors or sweeteners.
- Zero calories.
- For optimal experience, mix a little less than 1/2 teaspoon with 8 ounces of water.

Original #1427
Pomegranate #1428

HERBALIFE SKIN

The Future of Essential Solution-Based Skin Care Is Here.

Polishing Citrus Cleanser

- Clinically tested to show a reduction in the skin's sebum after just one use.*
- Removes excess oil, dirt and makeup.
- For normal to oily skin, including combination skin.
- Great for shaving.

150 ml tube
#0766

Soothing Aloe Cleanser

- Removes excess oil, dirt and makeup.
- Softens and moisturizes.
- For normal to dry skin.

150 ml tube
#0765

Energizing Herbal Toner

- Hydrates, gently conditions and soothes skin.
- Freshens and cleans skin without drying or stinging.

50 ml spray bottle
#0767

*Clinically tested on subjects, measuring sebum levels immediately after application. 100% of subjects showed sebum reduction on surface of skin after one use.

Combining Formula, Feel and Fast Results to deliver a luxurious experience you can see and feel.

- No added parabens or sulfates
- Dermatologist tested

Line Minimizing Serum

Clinically tested to:

- Reduce the appearance of fine lines and wrinkles.**
- Improve softness, smoothness, radiance, glow and luminosity in just seven days.*

30 ml airless pump
#0768

Firming Eye Gel

- Clinically tested to improve the appearance of the delicate eye area by increasing skin's elasticity.†
- Ophthalmologist tested.
- Contains cucumber extract.

15 ml airless pump
#0770

Hydrating Eye Cream

Clinically tested to:

- Minimize lines and wrinkles around the eyes.**
- Show a significant increase in the skin's moisture over eight hours.‡

15 ml airless pump
#0771

*Clinically tested on subjects for smoothness, softness, glow, radiance and luminosity measured by visual expert grading at intervals of two, four and seven days. 100% of subjects showed improvement in all five areas over seven days.

†Clinically tested on subjects for firmness and elasticity measured by visual expert grading at intervals of seven days and 42 days. In 85% of subjects, improvement was seen in the appearance of firmness/elasticity in skin under the eye at 42 days.

‡Clinically tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 100% of subjects showed significantly higher moisture levels over baseline after eight hours.

**Clinically tested on subjects, skin roughness measured by Visioscan at intervals of 0, 7 and 42 days.

RECOMMENDED SKIN CANCER FOUNDATION DAILY USE

Recommended as an effective broad spectrum sunscreen

Protective Moisturizer Broad Spectrum SPF 30 Sunscreen

Tested to:

- Double skin's moisture over eight hours.*
- Show that skin looks more glowing and feels softer and smoother in just seven days.†
- Reduce the appearance of fine lines and wrinkles.
- Provide broad spectrum UVA/UVB protection SPF 30.

30 ml airless pump
#0899

Daily Glow Moisturizer

Clinically tested to:

- Double skin's moisture over eight hours.§
- Reveal skin that looks more glowing and feels softer and smoother in just seven days.‡
- Reduce the appearance of fine lines and wrinkles.††

30 ml airless pump
#0769

Replenishing Night Cream

Clinically tested to:

- Double skin's moisture over eight hours.§
- Provide noticeable improvement of overall skin complexion and luminosity in just seven days.**
- Reduce the appearance of fine lines and wrinkles.††

30 ml airless pump
#0774

*Tested on subjects, measuring skin moisture levels at 8 hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.

†Tested on subjects, measured by visual expert grading on intervals of 2, 4, and 7 days. 100% of subjects showed improvement over 7 days in smoothness, softness, glow and radiance and luminosity.

‡Clinically tested on subjects measured by visual expert grading on intervals of two, four and seven days. 96% of subjects showed improvement over seven days in smoothness, softness, glow and radiance. 93% showed improvement over seven days for luminosity.

§Clinically tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 100% of subjects showed double the moisture levels over baseline after eight hours.

**Clinically tested on subjects for smoothness, softness, glow, radiance and luminosity measured by visual expert grading at intervals of two, four and seven days. 100% of subjects showed improvement in smoothness, softness and glow over seven days. 97% of subjects showed improvement in radiance and luminosity.

††Clinically tested on subjects, skin roughness measured by Visioscan at intervals of 0, 7 and 42 days.

To enhance your Herbalife SKIN daily regimen, use these products 1-3 times per week.

Instant Reveal Berry Scrub

- Helps reveal softer, smoother, healthy-looking skin by removing dead skin cells.
- Use in place of cleanser.

120 ml tube
#0772

Purifying Mint Clay Mask

Clinically tested to:

- Improve the appearance of pores and tighten and tone the skin after just one use.*
- Help the old layer of cells to shed with Bentonite clay.

120 ml tube
#0773

Refresh. Replenish. Rejuvenate. And Repeat.

A Revelation Each Day.

*Clinically tested on subjects, measuring pore appearance by visual expert grading immediately after application. 100% showed improvement in appearance of pores immediately after use.

Basic

Select the Best **Skin Care**

Includes:

- Soothing Aloe Cleanser
  (For Normal to Dry skin)
  – OR –
  Polishing Citrus Cleanser
  (For Normal to Oily skin)
- Energizing Herbal Toner
- Daily Glow Moisturizer
- Replenishing Night Cream

Normal to Dry Skin #1492
Normal to Oily Skin #1496

Advanced

Includes ALL
Basic Program products,
PLUS:

- Line Minimizing Serum
- Hydrating Eye Cream
- Firming Eye Gel

Normal to Dry Skin #1493
Normal to Oily Skin #1497

Basic

+

Program for Your Needs

Advanced

+

Includes ALL
Advanced Program products,
PLUS:

- Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- Instant Reveal Berry Scrub
- Purifying Mint Clay Mask

Normal to Dry Skin #1488
Normal to Oily Skin #1489

Purchase the Ultimate Program and receive a special gift.

HERBALIFE
SKIN

Refresh. Replenish. Rejuvenate. And Repeat.
A Revelation Each Day.

Daily Skin Care Regimen

Achieve results you can quickly see and feel by following the Daily Skin Care Regimen.

STEPS	AM	PM
1 CLEANSE	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)
2 TONE	Energizing Herbal Toner	Energizing Herbal Toner
3 TREAT	Line Minimizing Serum	Line Minimizing Serum
4 TARGET	Firming Eye Gel	Hydrating Eye Cream
5 MOISTURIZE	Daily Glow Moisturizer – OR – Protective Moisturizer Broad Spectrum SPF 30 Sunscreen	Replenishing Night Cream
WEEKLY		
DEEP CLEANSE	Instant Reveal Berry Scrub (1-3 times a week)	
PURIFY	Purifying Mint Clay Mask (1-3 times a week)	

HERBALIFE SKIN

Refresh. Replenish. Rejuvenate. And Repeat.
A Revelation Each Day.

Skin Care Programs

Select the best skin care program for your needs.

Basic	Advanced	Ultimate
Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)
Energizing Herbal Toner	Energizing Herbal Toner	Energizing Herbal Toner
	Line Minimizing Serum	Line Minimizing Serum
	Firming Eye Gel + Hydrating Eye Cream	Firming Eye Gel + Hydrating Eye Cream
Daily Glow Moisturizer + Replenishing Night Cream	Daily Glow Moisturizer + Replenishing Night Cream	Daily Glow Moisturizer + Protective Moisturizer Broad Spectrum SPF 30 Sunscreen + Replenishing Night Cream
		Instant Reveal Berry Scrub
		Purifying Mint Clay Mask
Skin Care Concerns		
• Dry or Oily or Normal Skin	• Dry or Oily or Normal Skin • Aging or Firmness/Elasticity or Fine Lines/Wrinkles	• Dry or Oily or Normal Skin • Aging or Firmness/Elasticity or Fine Lines/Wrinkles • Dull/Uneven Skin or Visible Pores

7 Day Results Kit
with SPF

Clinically tested to show more glowing, softer and smoother skin, with reduced fine lines and wrinkles, in just seven days.*

Refresh. Replenish. Rejuvenate. And Repeat.

A Revelation Each Day.

Includes:

- Soothing Aloe Cleanser
- Line Minimizing Serum
- Daily Glow Moisturizer
- Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- Replenishing Night Cream
- Purifying Mint Clay Mask

Plus Complimentary Packets of:

- Polishing Citrus Cleanser
- Firming Eye Gel
- Hydrating Eye Cream
- Instant Reveal Berry Scrub

7 Day Results Kit #1455

*Daily Glow Moisturizer, Line Minimizing Serum, Replenishing Night Cream

Strengthen Your Hair

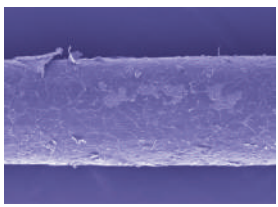
Herbal Aloe Hair Care products are clinically tested to strengthen and repair damaged hair, leaving it soft and silky.*† Made with beneficial botanicals, our family-friendly Strengthening Shampoo and Strengthening Conditioner are free of parabens, harsh sulfates and added colors and dyes.

Strengthening Shampoo and Strengthening Conditioner

CLINICALLY TESTED TO:

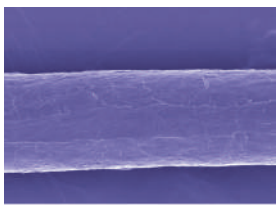
- Leave hair up to 10 times stronger after just one use.*†
- Reduce hair breakage by 90%.*†

BEFORE



Highly damaged cuticle structure.

AFTER



Significant improvement in cuticle structure.‡

*When used with Herbal Aloe Strengthening Shampoo. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

†When used with Herbal Aloe Strengthening Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

‡Studies conducted by a research laboratory with SEM (Scanning Electron Microscopy) showed remarkable improvement in smoothness and cuticle structure of treated versus untreated hair shaft.

Cleanse, Moisturize and **Rejuvenate**

Pamper your skin and hair with the benefits of Herbal Aloe.

Face & Body Sunscreen Broad Spectrum SPF 30 [a]

- Water and sweat resistant up to 40 minutes.
- Broad spectrum SPF 30 protection.
- Doubles skin's moisture for 8 hours.**

120 ml tube #0921

Recommended as an effective broad spectrum sunscreen

Soothing Gel [b]

- Shown to leave skin smoother and softer.*
- Infused with aloe vera and skin-conditioning botanicals to moisturize and soothe skin.
- Fragrance-free formula.

200 ml tube #2562

Bath & Body Bar Soap [c]

- Gently cleanses without stripping necessary oils from skin.
- A blend of aloe vera, olive oil and Vitamins A, C and E nourishes the skin.
- Fresh, clean scent.

125 g bar #2566

Strengthening Shampoo [d] and Strengthening Conditioner [e]

- Leaves damaged hair 10 times stronger after just one use.†
- Reduces hair breakage by 90%.†‡
- Hydrolyzed wheat protein helps protect, repair and strengthen your hair.†‡
- Color-preserving formula.

250 ml tube

Strengthening Shampoo	#2564
Strengthening Conditioner	#2565

Hand & Body Cream [f]

- Clinically shown to hydrate skin for deep nourishment.§
- Increases skin moisture by 100% after just one use.§
- Aloe vera and African shea butter absorb quickly and leave skin feeling soft and smooth.§

200 ml tube #2563

Hand & Body Wash [g]

- Gentle plant-derived cleansers.
- Triple-silkening moisturizers help relieve dryness and deeply moisturize skin.
- Contains a blend of botanical extracts to help maintain healthy-looking skin.

250 ml tube #2561

*In a self-assessment, 100% of subjects reported Herbal Aloe Soothing Gel left skin feeling soft and smooth and improved its appearance.

†When used with Herbal Aloe Strengthening Shampoo. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

‡When used with Herbal Aloe Strengthening Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

§Test measuring skin moisture levels by Novameter. Skin of 100% of subjects showed double the moisture levels over baseline after 20 minutes.

**Tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.

Refresh **Skin**

Body Buffing Scrub [a]

- Part one of a two-step body care program.
- Jojoba beads, which naturally exfoliate, help reveal healthy-looking skin.
- Softens and smoothes to improve the appearance of skin.

#0353

Body Contouring Crème [b]

- Part two of a two-step body care program.
- Ginkgo biloba extract and fruit acids help skin appear firmer and more toned.

#0354

[a]

[b]

It's time to achieve your goals

Join the millions of people in more than 90 countries who have changed their lives through Herbalife. Become an Independent Herbalife Member and:

- Have a home-based business.
- Work around your own schedule, part time or full time.
- Run your own business.
- Spend more time with family and friends.
- Help people lead healthier, more active lives.

*"Herbalife has given me the opportunity to run my own business and share the experience with my family. It has changed our lives for the better."**

— Jennifer K.
Herbalife Independent Distributor

*Incomes applicable to the individuals (or examples) depicted and not average. For average financial performance data, see the Statement of Average Gross Compensation paid by Herbalife at Herbalife.com and MyHerbalife.com.

Try Aloe with a Cranberry Twist

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