WHAT'S CHANGED:

COMPARING THE CURRENT AND NEW NUTRITION FACTS PANEL

CURRENT

Nutrition Facts

Serving Size 2/3 cup (55g)
Servings Per Container About 8

Amount Per Serving

Calories 230	Calories from Fat 72
	% Daily Value*
Total Fat 8g	**12%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 160mg	**7%**
Total Carbohydrate 37g	**12%**
Dietary Fiber 4g	**16%**
Sugars 1g	
Protein 3g	
Vitamin A	10%
Vitamin C	8%
Calcium	20%
Iron	45%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

NEW

Nutrition Facts

8 servings per container
Serving size **2/3 cup (55g)**

Amount per serving
Calories **230**

	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 160mg	**7%**
Total Carbohydrate 37g	**13%**
Dietary Fiber 4g	**14%**
Total Sugars 12g	
Includes 10g Added Sugars	**20%**
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†The required vitamins and minerals must be listed on the label, even when they are not contained within the product, in which case, they must be listed as 0 grams and 0% Daily Value.

CHANGES

The type size for "Calories" and its numeric amount, "Servings Per Container" and "Serving Size" were increased. "Calories from Fat" was removed.

The % Daily Values were updated based on new scientific evidence.

"Sugars" will be listed as "Total Sugars." "Added Sugars" will now be called out and will include gram amounts and % Daily Value.

Vitamin D and Potassium will replace Vitamins A and C as required vitamins and minerals that will need to be listed in the Nutrition Facts panel whether or not they are in the product.†

Actual gram amounts will now be declared for all vitamins and minerals.

The definition for % Daily Value was expanded in the product label's footnote.

Applies to food labels only Applies to food and dietary supplement labels

HERBALIFE NUTRITION